

Woman's Page

How to Fight the High Cost of Living

False Standards of Living Burden the Poor Man—Huge Crop of High Living Standards Growing in America—Children Not Taught Value of Money or Economy in Using It—Mrs. L. G. D. Gives Results of Investigation in Chicago—Silk Petticoat Frame of Mind Cause of Losing Battle—Women Should be Sincere and Well Informed—Recipes.

FALSE STANDARDS OF LIFE.

Careful investigation has brought to us the conviction that the wage earning poor man is the only one of us who has a right to complain. For him in his bare home and with his growing family about him, prices are indeed cruelly high. Our false standards of life make his burden greater. We are growing a huge crop of these false standards in America, and the present high cost of living is a forerunner of the harvest to come. We are not teaching our children to save, to think, or to plan a course of action, even the simplest. The following examples are of two many tests made with school children. While in Chicago I made an attempt to find out what parents were teaching along these lines. The conditions are deplorable. I asked 319 children, all under 12, this question: "If you were given a nickel, what would you do with it?" Sixty-three per cent said they would spend it, 9 per cent would give it to parents, 27 per cent would save it, 1 per cent gave impertinent answers. To the question, "What would you do if given a dollar?" the percentage was almost reversed. Seventy-one per cent would save it, 13 per cent would give it to another, 15 per cent would spend it, 1 per cent gave impertinent answers. The lesson is obvious. The children had missed the secret of saving absolutely. How few ever have a dollar

in hand, but how few do not have occasional nickels! To thirty-one girls averaging 17 years this question was put: "Suppose you need a petticoat and are allowed \$2 with which to purchase it. What would you do?" It was clearly stated that no names would be required and the answers were typed before handed to the critic teacher. Four answers were silly and impertinent. Three girls thought the sum was insufficient. Nine girls would buy mesaline skirts, but nearly all hinted that it was a little cheap. Six girls thought they could get a good skirt for about \$2. Two were sure of getting good black saten skirts for \$1.50, and seven girls suggested getting various kinds of material and making a garment for themselves. Four of these seven mentioned saving a part of the sum. Now these figures prove, in one instance at least, my triple accusation. The children do not understand or care anything about saving. Only six of the girls, or 20 per cent, even thought of saving, and then had no definite idea of what should be saved in this particular case. As to thinking, it speaks poorly for our times that an intelligent answer to such a question cannot be obtained from every one of a class of high school girls. As to planning a course of action not one knew exactly what she should do. Now if these girls were sensibly taught at home and no false standards by observation, every answer would have approximated this: "Four yards gingham, 50 cents; button and No. 50 white thread, 5 cents; total cost, 55 cents, with a balance of \$1.45 for my bank account. I will make the garment myself."

Such a garment would exceed in value any mentioned by any one of the girls, and would have the highly desirable quality of being easily laundered. I have made some other tests along this line and find that children are universally untaught concerning it. Parents wish to spare them anxiety and care, I suppose, but they are making a mistake that the schools cannot remedy. So long as it is impossible to determine by observation if a bevy of girls on the street are returning from high school or dress rehearsal, and so long as we are contented to foster this silk petticoat frame of mind, then just so long will we expect to fight a losing battle with the high cost of living." L. G. D.

SINCERITY.

(Copyright 1913, by Lillian Russell.) The only way to prove your sincerity is by actions; you may profess deep and profound friendship for a person, and you may mean every word of it, and when it comes to a point of proving it, utterly fail by hesitation. There should be no consideration, no hesitation, in true sincerity. Foreigners consider American women insincere. They say they find few women who go below the surface of things in thought, and that few American women are able to discuss the social or political affairs of their own country intelligently. This is a hard rap at us, and we should prove the lie to the statement. It is sincerity alone which proves knowledge. The trouble is accounted for by the unfortunate fact that some women do not take the trouble to go to the bottom of things, I mean in learning. A great many women do

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not even care to learn, and plead ignorance upon vital subjects, such as the suffrage question and the inaugural speech of the new president. How can women think or speak sincerely upon such questions without learning thoroughly the subjects? That is what the foreigners mean when they say Americans are not sincere. In all other countries politics and social affairs are part of the education of both men and women. They are well informed upon all such subjects and furthermore they have a sacred interest in their own country and its government; they speak from knowledge, while American women speak from hearsay.

It should be the duty of every woman to read the papers either morning or evening, just to keep in touch with the true state of affairs, so that she can speak sincerely upon things of moment.

What is the use of beauty without some intelligence? Remember: There can be no sincerity without knowledge, otherwise what is there to be sincere about?

RECIPES.

Frizzled Beef—Have the beef cut thin, melt a lump of butter the size of an egg in your frying pan, lay in the beef, and cook until it is crisp. This is about as good as boiled ham cooked in the same way, and is very appetizing. If you do not like it quite salt lay it in warm water for half an hour, take it out and dry it well before cooking.

Frizzled Beef with Egg—Cut the beef into strips, put a tablespoon of butter in the frying pan, lay in the beef, and cook it until it begins to crisp. Have ready as many eggs as you need for the number of persons to be fed—a cupful of beef will season from four to six eggs—beat them just enough to mix the whites and yolks; stir them in with the beef, pepper to taste, and cook until the eggs are set.

Dandelion Salad—Select the tenderest leaves, wash thoroughly, drain, then lay on ice to crisp. Put into a salad-bowl, dress with salt, pepper, oil and lemon-juice or vinegar, and garnish with a couple of hard-boiled eggs cut in quarters.

Dandelion and Sorrel Greens—Wash thoroughly but keep separate, as the dandelion needs longer cooking than the sorrel. Put the dandelion first into a saucepan of boiling water, stew until tender, add the sorrel and simmer until the liquor disappears and the leaves are tender. Drain, pressing out all moisture. Beat with a wooden spoon, season liberally with butter, salt and pepper, and serve hot with a garnish of hard-boiled egg or fried bread points.

Dandelion and Cress Salad—Take equal parts young dandelion leaves and watercress, wash, chill and serve with dressing. To cultivate Dandelions for Salad—In England, where the dandelion is comparatively uncommon, it is raised carefully in gardens as a pot-herb and salad-plant. To grow successfully crops of dandelions through the summer, the plants are not allowed to bloom, so that the roots continue sending up successive rounds of leaves until frost.

Market gardeners are now following the example of the English, and dandelions are grown through a depth of sandy soil or under earthen rocks. This makes the leaves delightfully white, crisp and tender, and incidentally, less bitter.

SHAKE INTO YOUR SHOES.

Allen's Foot-Ease, the antiseptic powder. It relieves painful, smarting, tender, nervous feet, and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight or new shoes feel easy. It is a certain relief for sweating, callous, swollen, tired, aching feet. Always use it to Break in New shoes. Try it today. Sold everywhere, 25 cents. Don't accept any substitute. For FREE trial package, address Allen S. Olmstead, Le Roy, N. Y.

BUILDING NEW LINE IN IDAHO

Pocatello, Ida., April 28.—Construction has commenced on what will finally be a branch railroad from Alexander on the main line of the Oregon Short Line, to Preston, through the fertile gentle valley. More than 500 men are at present at work on the first section of the road between Alexander and Grace, a distance of six miles. The work is being done by the Phoenix Construction company. The construction is being financed by the Utah Power & Light company, but will be formally taken over by the Oregon Short Line in August of this year. The electric company decided to build the road itself rather than await the approval of the Short Line budget for this purpose, in order to facilitate transportation of supplies necessary for its great power plant near Grace and to the Narrows, where the company is engaged in securing another 25,000-horsepower plant for transmission to Utah and Idaho towns. It seems to be generally assumed that the road will be pushed through to Preston, making a cutoff with the southern Idaho and the Logan valley that will be much appreciated.

ANNOUNCEMENT

I wish to announce to the public that the Ladies' Grill Room is now running in connection with the Stinson Cafe, 2432 Washington Ave.

MOTHER CONFESSES DROWNING BABY

Pittsburgh, Pa., April 29.—Mrs. Joseph Semer told her husband last night that she had thrown their 6-week-old baby into the River Run near here last Thursday. The child mysteriously disappeared from the Semer home and the authorities have been investigating. Semer, who lives at Oakdale, as suburb, notified the police of his wife's revelation. The woman was arrested. She is believed to be unbalanced mentally. A search was made of Robinson Run and the body of the infant, enclosed in a covered basket, was found in the water near a coal mine a quarter of a mile below Oakdale.

NAIAD SHIELDS EXPERTLY SHOWN

That a dress shield may be a dainty, sweet bit of lingerie is being expertly demonstrated this week at Wright's store. The lady demonstrators who come from the factory and who is thoroughly conversant with the manufacturing of shields—even from the gathering of the material from which they are made to the finished product—is in a position to tell each woman just what style of shield will be best for her requirements. The Naiad Shield—which is the kind being demonstrated—has a great many advantages over the ordinary kinds. One reason for the sweetness of the Naiad Shield is the fact that it can be washed and ironed—quickly and easily—with no more injury than the laundry does your linen handkerchiefs. It is so light and airy that it may be worn with the sheerest waists. It is absolutely impervious to moisture and entirely odorless. Now that wedding gowns and graduation dresses are being planned, it will be a very good idea to let this lady expert prescribe the best style shields, and if you are not ready to purchase today, she will still give you this information willingly. (Adv.)

SALT LAKE FULLER ATTACKS A YOUNG GIRL

Salt Lake, April 29.—Stephen A. Fuller was convicted of indecent assault April 28, 1911 and sentenced to three years imprisonment. With his "copper" he would have been released July 29 of this year. He was sent up from Ogden.

Monday he was put to work on the irrigating canal south of the prison. A young girl of about 17 years and two children attempted to cross the canal near where Fuller was engaged. The convict assisted the children across and then attempted to assault the girl. She proved his match, however, and beat him off. Deputy Warden Andrew W. W. was sent to take the man back to prison. He found Fuller changing his clothes for civilian attire, intending to make his getaway. The maximum penalty for the offense is ten years.

SENSATION IN THE INLOW CASE

Salt Lake, April 29.—After filling half the seats in the jury box with veniremen who were "passed for case," counsel in the case of the state versus Caleb A. Inlow, on trial before Judge M. L. Ritchie, on a charge of the murder of Chauffeur "Eddie" White, exercised their right to peremptory challenges and the entire half dozen prospective jurors were excused from service. The defense exhausted four of its fifteen challenges and the state only two of its like number. The venire being exhausted a special venire of seventy-five names was drawn in open court and the efforts to secure a jury were resumed this morning at the point where they started at the opening of the case. Throughout the day's proceedings the defendant sat with the air of apparent indifference which has marked his demeanor on his every appearance in court.

The participants in and spectators of the opening of what will develop into one of the most interesting murder trials in the history of the state received their first thrill yesterday afternoon when John T. Thorup, a venireman, calmly admitted that he is living in polygamous relations with a plural wife. Called to the jury box just before the noon adjournment of court, Thorup stated under oath that he resided at 723 Ninth East. There he has a wife and seven children. During the recess of the court counsel for the defense learned more details of the venireman's home life, and questioned him sharply when court again convened at 2 o'clock. Under the searching questions of counsel Thorup admitted having another wife, named Mary, living at 727 East Seventh South, where a plural wife and seven children reside. "I live there a part of the time," he told counsel. The youngest of the seven children by his plural wife is "going on five years of age."

Coolly and without embarrassment Thorup explained that, having taken his plural wife before the manifesto went into effect, he thought he had the right to continue his relations with both his wives. Both sides passed the venireman for cause, but he was later excused on peremptory challenge of the state.

SALOON IN ZION SCENE OF HOLD-UP

Salt Lake, April 29.—A short, smooth shaven man entered the bar of the Peery hotel shortly after 10 o'clock last night and with an automatic pistol in his left hand and a revolver in his right, ordered the bartender and three other men present to put up their hands. Frank Monahay, proprietor, as well as J. B. Eckert, 2 Vine avenue, and Louis Eagle and Charles Smith, lodgers at the hotel. The intruder stood at the upper end of the bar, covering the bartender with his left pistol and pointing the other along the bar. Then he threw a sack across the mahogany top and motioned the bartender to empty the till. The bartender passed over \$50 when the intruder noticed a handsome diamond ring on his finger and demanded that also. This was given, after which the robber made Monahay go into his own pockets and produce \$150, which he also took. Then he backed the side door and made a fast escape. Immediately the alarm was sounded and many lodgers of the Peery armed themselves and swarmed into the street. One of them had an old

army musket. Patrolman L. F. Anderson was passing on the opposite side of the street at the time of the robbery but could not see the episode on account of the curtains. He was immediately apprised and started in pursuit, though what direction the robber took was vague. The police station was notified and Detectives Gillespie and Lyon arrived, followed later by Detective Glenn. Neighboring alleys were ransacked and a general burglar chase ensued through the block.

NO CLUE TO BURLAR.

Salt Lake, April 29.—The bold burglary of the residence of G. O. Hemmaway, 877 East Second South street, Sunday night is still a mystery. About all that is known is that the Hemmaways went out for an auto ride about 9 o'clock Sunday night, and when they returned an hour later their silverware and some jewelry, totaling in all several hundred dollars in value, was gone. The police are convinced that they have a professional housebreaker and not a novice to deal with. Report was made to the police yesterday that a burglar had visited the residence of Oscar W. Moyle, 66 West North Temple street, with a resultant loss of jewelry valued at \$50.

Emil Lang reported that a pair of opera glasses had been stolen from his room at the Shelton hotel.

F. K. Brown told of the loss of a suit of clothes from his room at 71 Commercial street, at the hands of a thief who overlooked \$50 in a trunk.

Harry Carroll complained of the loss of two stick pins, a pair of cuff links and a razor, stolen from his room, 240 South State street.

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Nowonder butter is so high. Particular women who are loath to use lard or cooking butter in their cakes and fine pastry, use table butter. With butter at the price you have to pay for it, that's downright extravagance. Cottolene is just as good as butter for pastry; for frying, it is better. And Cottolene costs no more than lard. Moreover, Cottolene is richer, and two-thirds of a pound of it will go as far as a pound of butter or lard. And lard and Cottolene are not to be mentioned in the same breath, for Cottolene is a vegetable product, healthful, always safe—makes digestible, rich, but never greasy food.

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236 30th Ave., Milwaukee, Wis.—"I was cured of eczema by Cuticura Soap and Ointment. My face and arms and other parts of my body were affected. The way it broke out was in pimples, then it became a rash. The itching and burning were so intense that they made me scratch and disfigure my face. My clothing that was close to my body was very irritating. It kept me from getting my sleep. "I used several remedies which were of no success. I suffered a year or more with eczema, then I began to use Cuticura Soap and Ointment. It was several times I used them and then they relieved that itching. I continued my treatment and now I have no trouble whatever. Cuticura Soap and Ointment cured me completely." (Signed) Miss Alice Martens, Aug. 3, 1912.

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